Dear parents and carers,

Later this week all children will bring home a letter about medical conditions. If you child doesn’t have any chronic health condition you merely need to tick the appropriate box, sign the note and return it. However if your child is asthmatic, or has an allergic condition, anaphylaxis or any other significant medical condition we need to update their information here at school. That means that every child must return their note, either indicating that they have no medical condition or confirming the information that we currently have.

Last week at the P&C Annual General Meeting the following 2015 executive were elected:
President: Leah Krarup
Vice Presidents: Naomi Bennett and Tamara Dale
Secretary: Debbie Cauchi
Treasurer: Gail Bennett

Thank you to all candidates and congratulations to the new executive. I’m sure you will do an amazing job in supporting our school, raising much needed funds for the school, and most importantly in bringing the community voice to our meetings.

Harmony Day celebrations are well underway, and the last week of term will see the culmination of the work our students have been involved in. Concepts of intercultural understanding and individual identity are key aspects of the new school curriculum, and teachers and students have been involved in some amazing, authentic work to interpret these complex concepts. I hope all families are able to visit the gallery to see the art installations their children have worked on.

Mrs Lock
Principal
A Message from Mrs Polios

We are just over a fortnight away from our Harmony Day celebrations and classes have begun to work on their installations for the Whalan Gallery. From the conversations that I’ve heard, visitors will be impressed with the students’ knowledge and understanding of identity as it’s represented in their installations.

In the last week, we’ve made some changes to our Harmony Day celebrations so that they meet the needs of our parents and visitors.

Details below:

The main event will take place on Wednesday 1st April with a whole school assembly under the cola (near the kitchen) starting at 9.15am. The assembly will include all of our performances (Aboriginal dance group, junior dance group, senior dance group, choir and 2/3K will lead us in singing ‘I am Australian’).

After the assembly, parents and visitors can enjoy morning tea in the kitchen.

On the day, parents and students are encouraged to wear orange (Harmony Day colour).

The Whalan Gallery (in the hall) will be open for viewing of class installations:

Monday 30th March from 2.00 – 3.00pm
Tuesday 31st March from 2.00 – 3.00pm
Wednesday 1st April, after morning tea

With today’s newsletter, every child has brought home an invitation to our Harmony Day celebrations with all of the above details. Pop it on the fridge so you know what’s on and when!

Mrs Polios
Deputy Principal
Tomorrow is the *Books in Homes* assembly where we will receive 3 books for us to keep and read at home. We are really looking forward to meeting this term’s illustrator, running the assembly and performing a reader’s theatre. We are sure that you will also enjoy learning illustrating tips from our guest.

Don’t forget to borrow, read and return books from the library and Twilight Tales from the classroom so you will always have a new and interesting book to read and enjoy.

*Your School Leaders 😊*

**STUDENT ACHIEVEMENT**

Congratulations to Ethan Tupuola and Krszariah Morel-Crichton, who were both successful in gaining a position in the zone rugby league opens team. Krszariah also gained a place in the zone rugby league under 11 team.

Way to go, Ethan and Krszariah!

**P & C NEWS**

This year’s *Easter Raffle* will be drawn on the 1st April 2015 at the Harmony Day celebrations assembly. Please return tickets to the canteen.

Any donations of eggs would be greatly appreciated.

Thank you

*P&C Committee*
The focus for this fortnight is **PLAY BY THE RULES**

✓ We learn the rules of a game and play by the rules to be fair to everyone.
✓ We play by the rules so everyone gets a turn and the game is fun.
✓ We change the rules only if everyone agrees otherwise we play by the rules that everyone knows.
✓ When our friends join the game, we teach them the rules to play by.

Over the fortnight, teachers will reward students who are playing by the rules, with CCs.

At next week’s assembly, each class teacher will reward a student who has consistently adhered to the ‘play by the rules’ expectations with a special award.
Parents and carers want the best for their children – a good education can be life changing!

Parents and carers want the best for their children – a good education can be life changing!

The most important thing parents and carers can do to help their child get a good education, is get them to school every day!

<table>
<thead>
<tr>
<th>Term 1 Week 6 best attending classes</th>
<th>Term 1 Week 7 best attending classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>KH 98%</td>
<td>KH 90%</td>
</tr>
<tr>
<td>KN 87%</td>
<td>KN 95%</td>
</tr>
<tr>
<td>K/1K 88%</td>
<td>K/1K 92%</td>
</tr>
<tr>
<td>1K 83%</td>
<td>1K 80%</td>
</tr>
<tr>
<td>1T 87%</td>
<td>1T 94%</td>
</tr>
<tr>
<td>K-6K 95%</td>
<td>K-6K 98%</td>
</tr>
<tr>
<td>2/3K 94%</td>
<td>2/3K 91%</td>
</tr>
<tr>
<td>2/3B 94%</td>
<td>2/3B 86%</td>
</tr>
<tr>
<td>2/3C 92%</td>
<td>2/3C 90%</td>
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<tr>
<td>3/4W 91%</td>
<td>3/4W 90%</td>
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<tr>
<td>4-6A 97%</td>
<td>4-6A 89%</td>
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<tr>
<td>4-6N 90%</td>
<td>4-6N 93%</td>
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<tr>
<td>4-6P 96%</td>
<td>4-6P 99%</td>
</tr>
<tr>
<td>K-6M 86%</td>
<td>K-6M 88%</td>
</tr>
<tr>
<td>3-6B 89%</td>
<td>3-6B 86%</td>
</tr>
<tr>
<td>3-6F 84%</td>
<td>3-6F 91%</td>
</tr>
</tbody>
</table>

Congratulations KH & 4-6A!  
Congratulations K-6K & 4-6P!
What does our school attendance look like now?

The bar represents 100%. The shading represents what our school percentage for attendance is now, **after 33 days of school (92.1%)**

<table>
<thead>
<tr>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls</td>
<td>Boys</td>
</tr>
<tr>
<td>Kindergarten = 93.2%</td>
<td>Year 3 = 93.3%</td>
</tr>
<tr>
<td>Year 1 = 89.9%</td>
<td>Year 4 = 92.4%</td>
</tr>
<tr>
<td>Year 2 = 90.3%</td>
<td>Year 5 = 93.9%</td>
</tr>
<tr>
<td>Year 6 = 93.4%</td>
<td>Year 6 = 93.4%</td>
</tr>
</tbody>
</table>

**Jargon Buster**

**Identity** = the individual characteristics by which a person is recognised

**Diversity** = a point of difference

Culture = the behaviours and beliefs characteristic of a particular social, ethnic, or age group

**Empathy** = the power of understanding and imaginatively entering into another person's feelings

**Respect** = showing regard or consideration for others

**Intercultural understanding** = valuing our own cultures, languages and beliefs, and those of others
COMING EVENTS

Week 8

Tuesday 17th
Books in Homes assembly
After School Sport – Years 2 & 3
(Please note – AASS finishes at 4.15pm)

Thursday 19th
‘Kicking it with Mark Geyer’ (*selected students 4-6*)

Friday 20th
After School Sport – Years 4, 5 & 6
(Please note – ASS finishes at 4.15pm)

Week 9

Monday 23rd
Yarn Up newsletter goes home
Senior Camp
2-6 assembly
3-6F presenting; *Item by 2/3C*

Tuesday 24th
Senior Camp
K-1 assembly
*KH presenting; Item by K/1K*

Senior Camp
After School Sport – Years 2 & 3
(Please note – AASS finishes at 4.15pm)

Wednesday 25th
Senior Camp

Friday 27th
Final PSSA games for the term
After School Sport – Years 4, 5 & 6 finishes today
(Please note – ASS finishes at 4.15pm)
Books In Homes Assembly
Tuesday 17\textsuperscript{th} March (tomorrow)

9.15am under the Cola
This is our first BIH assembly for 2015. Students from K-6 will receive three books in a black ‘Books in Homes’ bag. These books will have a name sticker in them showing that they belong to the student and do not have to be returned to school. The black bags make great library bags!!

Our special guest at the BIH assembly will be Simon Bosch who is an award winning illustrator.

____________________

Scholastic Book Club

All orders and money for Book Club are to be handed to the office staff by 3:00pm tomorrow, Tuesday 17\textsuperscript{th} March. Books will be ordered on Tuesday evening and should arrive within 2 weeks.

PSSA RESULTS FOR FRIDAY 6\textsuperscript{th} MARCH:

<table>
<thead>
<tr>
<th>SPORT</th>
<th>OPPOSITION</th>
<th>SCORE</th>
<th>RESULT</th>
<th>Player of the Match</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Girls Oz Tag</td>
<td>Hebersham 0-3</td>
<td>Loss</td>
<td>Kerra Sita</td>
<td></td>
</tr>
<tr>
<td>Senior Girls Oz Tag</td>
<td>Hebersham 1-1</td>
<td>Draw</td>
<td>Jasmine Tupuola</td>
<td></td>
</tr>
<tr>
<td>Newcombe Ball</td>
<td>Blackett 33-4</td>
<td>Win</td>
<td>Tyler Buist</td>
<td></td>
</tr>
<tr>
<td>Volleyball</td>
<td>Blackett 39-15</td>
<td>Win</td>
<td>NJ Taverio</td>
<td></td>
</tr>
</tbody>
</table>

\textit{NO PSSA RESULTS FOR FRIDAY 13\textsuperscript{th} MARCH as games were cancelled}
The aliens went to the hairdresser and they thought the hair dryer was a brain machine. The hairdresser washed their hair and it was funny when Ziggy said "It smells nice!"

When Pod saw the scissors, he screamed and screamed as loud as he could.

Ziggy's hair was cut short and he had said "Keep it a bit long."

The aliens were not happy at all with their trip to the hairdresser.

---

This story is by Simon Cheshire.
The main characters are Ziggy, Pod and the hairdresser.

---

Above: Retelling by Ellen
Happy Birthday Kiara! What?

Are you having fun? Blow out the candles, Kiara.

Open your presents. Have a bit of cake.

I think it is a ring!

Yes I am!
Family Links
2015 TERM 1 Activities

**TUESDAYS:**
WOMBATS PLAYGROUP
9.30am - 11.30am
17th February – 24th March 2015

Wombats Playgroup is a fun filled playgroup for children aged 0-5 years and their families. Light morning tea provided. Everyone welcome! For more information call 8886-6300.
Located in the Meeting Room (next door to canteen)

TRIPLE P!
11.30am – 1pm
3rd February – 24th March 2015

Triple P is a parenting group for families.
Everybody is welcome!
Call Nasrin for more information 8886-6307.
Located in the Meeting Room (next door to canteen)

Limited childcare places available.

**FRIDAYS:**
RED READING MAT
8.30am – 8.55am
6th February – 27th March 2015
(Located under the SHED)

Come read a story with me on the red mat. Take a book home and swap it the next week! Look for Barbara wearing the red hat!

All Family Links activities are FREE!
Eggplant & Shallot Fried Rice

Serves: 25 tastes or 8 serves

Fresh from the garden: Eggplant, Shallots & Carrot

Equipment:
- Electric wok or Electric Frypan
- Wooden spoon
- Rice cooker
- Knife & fork
- Chopping board
- Colander
- Small bowl
- Serving spoon (large plastic)
- Mortar & pestle
- Measuring cups/spoons
- 3 serving bowls and spoons

Ingredients:
- 2 cups of long grain rice
- 1 eggplant (cut into 1 cm pieces)
- Sml bunch of shallots (cut very fine)
- 1 Onion finely chopped
- 1 carrot (grated)
- 2 eggs
- 2 cloves of garlic (peeled)
- ¼ cup oil (any can be used, you may need a little more)
- 2 tblsp caster sugar
- 2-3 tblsp of soy sauce
- pinch of pepper
What to do:

- Place 2 cups of rice and 2 cups of water into the rice cooker, turn to cook, leave until it clicks over to ‘warm’
- When rice is cooked, rinse rice under cold water in a colander in the sink until rice is cool. Drain the rice and leave to sit
- Plug the wok or frypan in and put it on medium heat
- Scramble 2 eggs lightly in the small bowl then place a small amount of oil in wok, pour the eggs in and cook for a few minutes, put it back into the small bowl and break the cooked egg into small pieces
- Cut eggplants and shallots; grate the carrot
- Place peeled garlic into mortar and pestle, pound until smooth, add sugar, pepper, soy sauce and 1-2 tablespoons oil mix gently until combined, set aside
- Place eggplant, onion and a little oil in wok, turn heat to medium high and cook until soft. Turn heat down to low
- Add grated carrot & mix through. Add cooled rice and cooked eggs, mix through
- Add cut shallots (saving a small amount for garnish) mix through
- Add the soy sauce & garlic mixture and mix through gently. Place lid on and leave to stay warm or very low heat until other recipes are ready
- Divide rice evenly into 3 serving bowls, sprinkle a little of the shallots on top, place on the dining tables with a serving spoon
- Make sure everything is washed, dried & put away. Benchtops are clean & floors are swept before eating
Recipe: Sweet Carrot & Greens salad

Serves: 8 at home or 25 tastes

Fresh from the garden: lettuce leaves, garden greens, carrots, herbs

Equipment:
Salad spinner
Chopping board
Knife
Grater
Large tongs
Measuring cups/spoons
Fork
Large salad bowl
honey
3 serving bowls
3 small serving tongs

Ingredients:
15-20 mixed garden greens (torn into 2cm pieces)
large bunch of mixed herbs (torn into 1cm pieces or chopped very fine)
3-4 carrots (grated)
¼ cup of sultanas
2-3 tomatoes (finely diced if available)

Dressing – ¼ cup of olive oil, ½ lemon juiced, 3 tblsp of & a pinch of salt & pepper
What to do:

- Wash, spin dry and tear all salad greens into 2cm pieces
- Remove all stems from herbs and tear into 1cm pieces or chop very fine
- Add all the above to the large salad bowl
- Grate all the carrots (skin on) and add to the salad bowl
- Add the sultana’s to the salad bowl
- If using the tomatoes – add to the salad bowl
- Toss gently with large tongs
- Add all the dressing ingredients into a measuring bowl and whisk with a fork until combined
- Pour the dressing over the salad and toss gently to coat all the salad
- Divide salad evenly into 3 separate bowls, place on the dining tables with small serving tongs
- Wash all the dishes, clean all the benches, sweep the floors, dry the dishes and put away or back on the bench
Recipe: Light Apple and Cinnamon Muffins

Serves: 18 full size / 36 mini

Fresh from the garden: Apples

Equipment:
- Muffin trays
- Large mixing bowl
- Wooden spoon
- Grater
- Measuring cup/spoons
- 3 Serving plates

Ingredients:
- 1 cup self raising flour
- 1 egg
- 1 teaspoon butter
- 2 granny smith apples peeled and grated
- ½ cup skim milk or full cream milk
- ½ cup sugar
- 2 teaspoons cinnamon
- Canola spray
What to do:

- Preheat oven to 190°.
- Grate apples.
- Spray each muffin tin with canola spray or line with paper cake holders.
- Combine butter and sugar together, until creamy, with a wooden spoon.
- Add egg to butter and sugar mixture, mix in well.
- Add ¼ of the flour and ¼ of the milk to the mixture, mix well…repeat this until all the milk and flour is used up.
- Add grated apple and cinnamon and mix well.
- Portion the mixture into the muffin trays to make 36 muffins.
- Put in oven and cook for 15-20mins. (You will know when they are ready when you put a skewer or small knife into the centre of a muffin and it comes out clean).
- Take out of oven and let cool slightly for a few minutes.
- Place 12 mini muffins on each serving plate and take to dining tables.

(Please place one plate on each dining table)
St Marys Doctors
OPENING 9/01/2015

To enhance your medical care,
We offer:
- Male & female doctors
- General health check up
- Childhood Immunisations
- Travel Immunisations
- Antenatal Care
- Women’s Health
- Men’s Health
- Work Cover
- Pathology on-site

......and more!

‘walk in’ or make an appointment today!

Mon-Fri 9am-6pm
Sat & Sun 9am-2pm

PH: 02 9623 0568

1/12 Parklawn Place
North St Marys NSW 2760

Make an appointment today!
The Mt Druitt Quirky Kids Support Group

Autism, Asperger’s, ADHD, ODD, ADD, OCD, PDD-NOS, Fragile X

Are you a family and/or carer whose child (or children) has been diagnosed with one of the above or thinking of getting your child diagnosed?

We are developing a support group for families and carers of children whose behaviour and medical condition is misunderstood, to share experiences and strategies in supporting these children and celebrating the gifts these children have to offer.

We are also interested in promoting understanding and awareness to other families, teachers and health professionals in the community.

When & Where?

Monday Mornings (fortnightly) 9.15am – 11.00am

Whalan Public School (meeting room)

For more information contact

Debbie on 0459 705 123

Facebook Quirky Kids Support Group
Absence Explanation Note

Students name: __________________________

Class: _________________

Please tick reason for absence

☐ Sick

☐ Family reasons

Other ________________________________
(Please specify)

Date Student was away: ____________________

Parent/Carer signature

__/__/____

Date